

THE EXCLUSIVE MAGAZINE FOR, BY AND ABOUT THE RESIDENTS OF WINNETKA

SEPTEMBER 2018

WINNETKA *Living*

FROM IMMERSION
TO INSPIRATION

*Kendra
Thornton*



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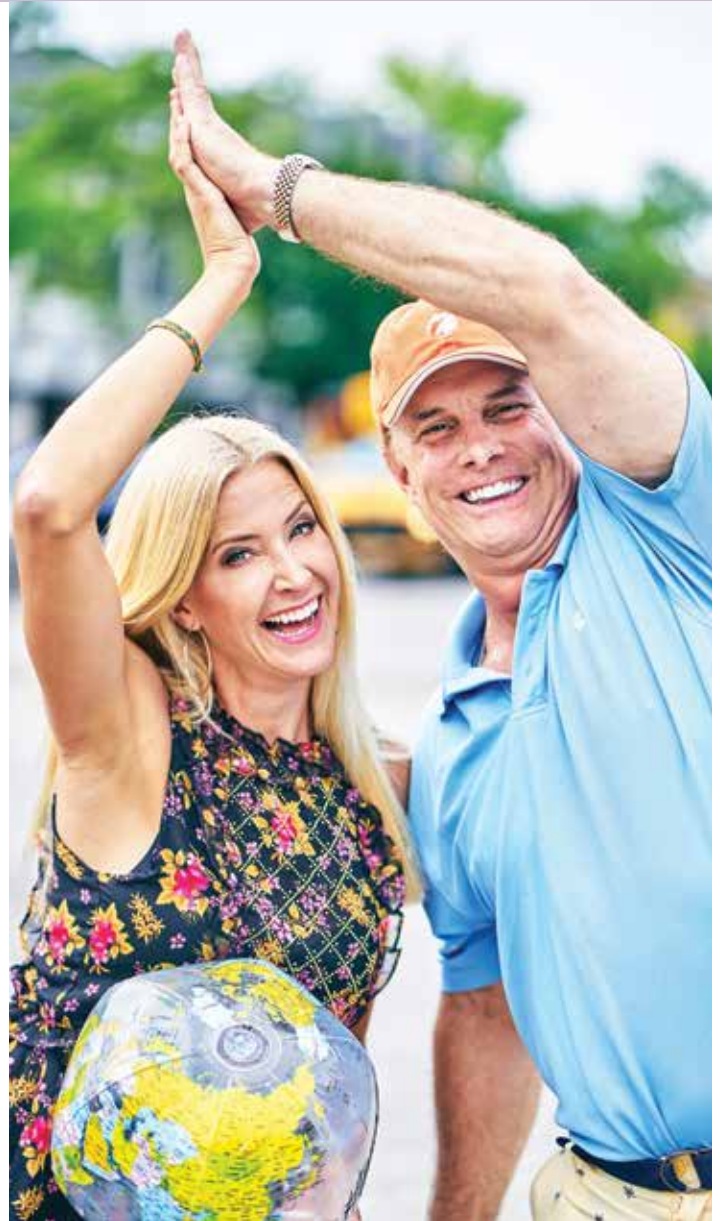
Letter from the Publisher

Greetings Winnetkians,

I must say you sure know how to throw a summer party! From the music festival, to the tennis tournament, to bringing the farmer's market across the Edens, it has been quite the summer. I have really enjoyed getting to know so many new friends since taking over the publishing duties this spring. We still have some fine tuning to do, but I hope you agree that *Winnetka Living* is getting better each month. We have some fresh ideas coming in the next few months, I hope you like 'em. I'm always open to your suggestions and stories, so please keep 'em coming. Speaking of stories, we have several this month including Beware of Online Contractors, Bike Winnetka, and another Hands of Peace summer picnic, just to name a few. We also have a new advertiser I want to welcome, Executive Valet Service. They've been providing parking, shuttle, coat check services and more along the North Shore for over 25 years. Leave it to them to make your special event a smashing success. Our cover story this month is someone who many of you already know. Bubbly {No pun intended, because she is photographed holding a bubble}, beautiful and sincere Kendra Thornton shares her story. She spends her days making memories for families along the North Shore by sending them all to the same place..... somewhere they love! She has been there and done that, so you can too. Many of my favorite childhood memories are from family trips. They say "You don't get a second chance to make a first impression," Kendra doesn't need one. I mentioned the farmer's market, we have some great pictures from that as well. Thank you Scott Edwards for making time between two scheduled shoots on Air Show Saturday to capture the moment. He has been sharing some amazing images the last few months. I'm so happy to have him on our team! Speaking of teams, it's football season. Good luck Trevians!

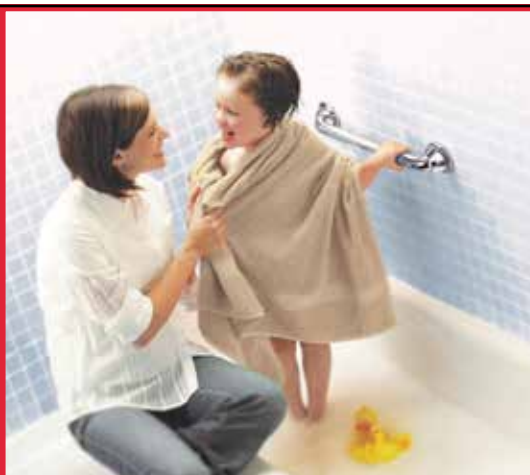
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FROM IMMERSION TO INSPIRATION -

Kendra Thornton's Travel Life Satisfies Her Spirit of Adventure and Creativity

By Paul Clements

"Life is Either a Daring Adventure or Nothing at All"
- Helen Keller

Kendra Thornton is not a dreamer, in the sense of someone who wiles away the hours imagining the life they wish they had. No, she is quite the opposite. Kendra Thornton lives her dreams, plotting the course of each to destination "dream come true." From an immersion trip to France at age 10, she knew that she not only wanted to see the world, but to experience it, along with all it has to offer scenically, culturally and spiritually. So, today, she is the proud owner of Royal Travel & Tours, the North Shore's leading luxury travel agency, and she has experienced every trip imaginable, from

snowmobiling across glaciers in Iceland to trekking the Inca Trail to Machu Picchu to riding camels across the Sahara in Egypt. She is also a recognized media resource for travel planning and a leading advocate for empowering women to take the travel adventure too.

"Travel is inspiration," she says. "I want to inspire people and plan trips that challenge them. We live in a community full of the most incredible abundance of resources and there are so many local programs and opportunities for children, so family life can get incredibly busy. That's why, when it comes to their vacation time, most people don't have time to focus on planning it, but they don't want to risk it being "just average" either, especially when they only get so many days or weeks away together each year. Memories matter and travel memories last forever."

Visiting her at her home on a warm summer day, a block off Winnetka's lakefront, she is impressive as she calmly and graciously sits down for an interview in the midst of the seemingly large-scale remodel project her home is undergoing and as she prepares to take her three children on a family trip the next day. As she settles into a chair, we have to set a timer, because she has another can't-miss appointment at the top of the hour.

She started her story saying, "my parents, Larry and Kay Berke, started the travel agency in 1972, before I was even born, so I grew up traveling the world with them. I have two older brothers, and even still today, when we get together as a family, we end up laughing about vacation memories. That's because the power of those memories last a lifetime and are the ties that bind us as families and as people."

After graduating from Northwestern University, Kendra was acutely aware of the seismic changes the travel industry was undergoing. "My sophomore year was when everything really changed quickly for my parents. The lifeblood of travel agencies were commissions on bookings, especially with the airlines, so when those went away, almost overnight, my parents really weren't sure if their business would be able to survive."

Kendra pursued a career in public relations after college, and with an eye on the future, took a job with Orbitz. She quickly rose through the ranks to become Director of Corporate Communication, where she was responsible for the company's external communications strategy, placing her on the cutting edge of the dot.com boom. She emerged as the company's print and TV spokesperson, thus placing her in position to build her reputation and establish connections that continue to benefit her today as head of Royal Travel. So, in 2015, when her parents were ready to take a step back from the business, Kendra bought the Dekalb-based agency and established Winnetka as its new base of operations with a heightened focus on luxury travel advisement.

"Our goal is to share our knowledge, insider access and industry connections with our customers," she said. "Couple that with our desire and ability to get out and travel to the markets that we sell, and I think we are especially enabled to deliver something that is very dynamic, but also very personal. My team takes the big picture of the trip and fills in all of those little details that make it special."

Today, Royal Travel & Tours has more than a dozen travel consultants spread across the North Shore and the Midwest.



Kendra & son Declan in Rome



Kendra & daughter Dylan in Paris



Kendra in Tokyo with daughters Dylan and Karys

However, back in 2014, it was her first Winnetka connection that helped her really get the reborn agency off the ground. “Royal Travel on the North Shore wouldn’t be what it is today without Brittney Magner,” said Thornton. “She was our first employee on the North Shore and started working for the agency when my parents still owned it, before I was directly involved in the business. She went to New Trier and her husband is from Winnetka too, so their local connections helped blaze a trail for our agency at just the right time.”

“My clients are Winnetka families and that’s why Royal is so different,” Magner said. “We do what we would do with our families. We know all the new hot spots to go to and what we would do there with our own families.”

Magner, a former media buyer for the worldwide advertising agency BBDO, was looking to pursue her passion for travel after taking time off from her career to start a family. “I go to as many conferences as I can to build relationships so we can offer extra amenities. I take pride in handling everything for my clients, from a humidifier in their room to balloons on their ceiling, we’ve got them covered.”

When asked about her favorite trips, Magner said, “from a planning standpoint, it has to be Italy, it’s such an exciting and popular destination, Asia is such a new, hot place and easy to get to, especially Japan (Tokyo/Kyoto). For my family trip and I have four girls, we love the Caribbean vacation with all of its activities.”

After Magner, the next Winnetka connection to join the team was Stacey Cohen in 2016. Stacey brought a unique

perspective to Royal. As the daughter of parents born outside the U.S., Cohen spent countless hours in Europe while she was growing up, and as a formerly successful attorney in Atlanta and Chicago, her attention to detail and deadlines goes deep. “When I stepped away from my job to have my children (one boy and three girls), I really enjoyed planning our vacations and we hadn’t taken too many when people started asking me for our itineraries. I was raising a family and doing charity things, but I thought travel could be an epic career for me and it has been one of the best decisions I have ever made. Plus, I’m surrounded by such a collaborative group of people. Everyone is willing to share ideas, we like each other and enjoy working together.”

“At Royal Travel, we talk a lot about being a family,” Thornton said. “This started as a family business and continues to be one. Everyone who works at Royal is FAMILY and we consider our clients members of our extended family. I think that ties back to us being part of the Winnetka community together, and when people see how much we enjoy what we do, hopefully that inspires them to want to work with us too.” The group all have their own home offices, but they frequently meet at Cafe Aroma, so much so, that Thornton chose it as the location for her photo shoot.

Thornton also shares and incorporates her passions into her work. First and foremost, she wanted her children to be exposed to immersion travel at the same age she was. So, at the age of 10, each of her children has picked, or will pick,

Continued page 6





*Stacey Cohen and Brittney Manger
on a team trip to St. Lucia*



*"Knowing the Royal wedding was going to stir up broader interest in travel to the UK we wanted to be there during the Royal wedding fever and see the latest and greatest of both London and the English countryside."
Pictured L to R: Brittney Magner (Winnetka), Stacey Cohen (Winnetka), Kendra, Ashley Gallo (Lake Bluff), Sophia Kondos (Wilmette), Ben Adams (New York City), Halle Vahedian (Columbus OH)*

a destination they will dive into with their mom. So, just this past May, she took her 10 year-old daughter Dylan to France. Two years ago she took her son Declan to Italy when he turned 10. To visit a school friend of her daughter's from Winnetka whose family now lives in Japan, she took her two daughters to Tokyo this past June. "Travel helps children's learning and gives them greater global compassion and understanding," she said.

Thornton's other passion is female travel empowerment, which includes women travelling alone, women travelling alone with children and women travelling together to bond and form friendships. In addition to travelling extensively with her children, Thornton also leads her now famous "Girls' Trips."

"There's a lot of buzz about Iceland right now, which is why I put together a high-end girls' trip to explore this exotic, ice-capped paradise back in January 2017 before it became such a tourist hot-spot."

Among the highlights of this trip were:

- **The famous Blue Lagoon.** "This was the most amazing way to start the journey because it opened when we arrived and everything was still dark and we were sleepy from the quick six-hour flight. To watch the sun rise while swimming through the warm lagoons in the cold winter air was an unforgettable moment. We had also pre-arranged to have water massages, which was a unique experience. I had

booked us the VIP lounge so we had our own individual bathrooms with private showers, robes, slippers and bath products that could be locked, allowing us to leave our belongings. The private lounge also included a fireplace, fresh fruit and drinks, giving us the leisure to take breaks from swimming to relax in a quiet, peaceful place."

- **The thrill of snowmobiling on an ancient glacier.** "All the necessary outerwear was provided for our group. This was an exciting, extreme adrenaline-pumping adventure, yet it was a peaceful, up-close-with-nature experience to be surrounded by such pristine natural winter beauty."
- **Staying at the Hotel Ranga to see the Northern Lights.** "There is never a guarantee of seeing the northern lights when in Iceland — it's all a matter of weather conditions and climate, which means they could appear at any time in the night without warning. As a result, the hotel has a wake-up call system where they will ring your room when you're sleeping if the lights appear. Leading up to the trip, our group had frequently discussed if we'd be lucky enough to see that glowing green sky. The hotel boasts a fantastic restaurant and we dined well that night. Just as we sat back to digest our incredible meal and enjoy a post-dinner coffee, the front desk clerk walked over to our table smiling and said the most magical words, "Ladies, we have

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lights.” I have never seen eight women jump up from a table faster than a first day visit to the Neiman Marcus Last Call sale. Our group stood together in awe that we were experiencing nature, outer space, life and an exotic land all in one — it was a bonding moment for everyone from all over the world staying in the hotel together that night.”

- **Sightseeing on Horseback.** “We took off early one morning to visit a horse-breeding farm. The owner welcomed us into his home and hosted a delicious Icelandic breakfast and coffee. After chatting and learning about the many attributes of the Icelandic horse, we were off to the stables to suit up for a private horseback ride — each of us on our own horse. The horses were spectacular, the views were breathtaking as it gracefully snowed around us, and the experience was all around unforgettable. After our hour-long ride, we ended back in their home for a spectacular home-cooked lunch of traditional Icelandic food.”

Another big hit with the girls was the trip to Peru. Among the highlights of this trip were:

- **Hacienda Sarapampa** offers visitors the opportunity to have a unique cultural experience around traditions associated with corn production practices in an authentic and natural environment. “The owners are wonderful loving people. Guests participate in an Andean ritual Offering/ Payment to the Earth (Spanish pago a la tierra). For centuries, the ancient Peruvians who inhabited the upper Andean areas of the country, venerated the Pachamama or Mother Earth as a sacred goddess and giver of life. In Thanksgiving for the abundance of food, they held mystical ceremonies in which they made offering of native foods and animals, while invoking the Apu (Spirit of the mountain) and the Wilko (God of the fire). Despite this being an ancient ritual, it is still part of current Peruvian culture.”
- **Quechua Highlanders** - “We learned how traditional people live today in the Andean countryside and we participated in the daily activities of the place that they call the village of beautiful flowers, visiting the kitchens to see a colorful variety of local foods on display, under preparation, and being cooked upon wood-fired mud-brick stoves. The welcoming and hospitable villagers offered us a demonstration of textile technique and design — an essential feature of Peruvian life for millennia. They shared this knowledge with us, and revealed the symbolic meanings encoded into their cloth and styles of dress. Then, after a short walk with our village companions to the accompaniment of flutes and drums, we entered the heart of the Andean agricultural cycle — as vital today as it was in Inca times — as our Quechua hosts showed us how they hand-turn the soil on the mountainsides, and invited us to join them in blessing their earth, their animals, and the new-plowed land.”
- **Machu Picchu** - “Set high in the clouds, Machu Picchu is the highpoint of any adventure to Peru. We ascended the hillside through woods and open grassland to the splendid ruins of the Winay Wayna Inca Fortress, passing a beautiful waterfall and stopping for a rest and a box lunch under a shady tree. We continued along the trail, contouring the mountainside through forest until we came to the almost vertical rock stairway to Inti Punku (the Sun Gate).

We arrived to see the glory of the Inca Empire spread out before us: Machu Picchu in all its splendor. We then descended from Inti Punku to the ruins. This three-mile hike took approximately 6 hours through beautiful scenery.”

Thornton’s next “Girls” planned trip is to Egypt and Morocco. Thornton says that the majority of Royal’s clients take 3-7 trips per year and the traditional trips are an after-Christmas getaway, an annual family ski trip, a spring break/ Easter trip, a summer vacation and then a Mr. and/or Mrs. friends trip. She says, “it’s never too early to start planning for your next trip.”

To learn more about Royal Travel & Tours visit www.royal-travel.com or contact them directly at:

Kendra Thornton:

Office - 815-217-0608, Email - kthornton@royal-travel.com

Brittney Magner:

Office - 815-217-0612, Email - bmagner@royal-travel.com

Stacey Cohen:

Office - 847-951-5755, Email - scohen@royal-travel.com

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Crow Island School Receives Donation from VS America

By Kate Hughes, Communications and Community Relations Coordinator, The Winnetka Public Schools District 36

The Winnetka Public Schools is grateful that VS America, a furniture manufacturer from Germany, has donated furniture for 18 classrooms for Crow Island School. The plan for VS America to honor Crow Island's educational legacy with new furniture has been underway since 2016. The shipment arrived this June and includes a wide variety of custom-created tables, active seating options, flexible file systems, and storage spaces.

The relationship between VS and Crow Island dates back to 1996, when then President & CEO of VS Furniture, Dr. Thomas Mueller, visited the school and met with then Principal Dr. Beth Hebert. He was researching the school for Saarinen furniture which he wanted to display in the school furniture museum located on the VS Campus in Germany. At that time several unique chairs and desks were provided to VS.

In 2016, when the CEO of VS America, Claudius Reckord, attended Crow Island's 75th anniversary celebration, he offered to provide new school furniture that honors Crow Island's National Landmark Status and is reflective of its original design, yet is fit for the needs of 21st Century learning methods. This furniture will be in all classrooms and the Resource Center at Crow Island School. A committee of teachers, Stewardship Committee members, and designers worked in concert with VS America and enlisted architects Dina Sorensen and Peter Brown to ensure that this mission was accomplished.

"On behalf of the entire Crow Island community, as well as the Stewardship Committee and District, we are truly grateful for VS America's contribution to our school. We appreciate VS America's passion for preservation and desire to uphold the historic significance of Crow Island. Our students' experience and learning will be enhanced by the hundreds of new pieces that honor the mid-Century modern style of Crow Island, yet offer the flexibility and innovation in current furniture design," says Dr. Julie Pfeffer, Principal of Crow Island School. "I would also like to thank Frank Cooney Company, an educational furniture dealer, for storing, delivering, and assembling the many pieces at no cost to the District."

The District is thankful to other individuals in our school community who have played an important role in this process.



Renowned Furniture Company Celebrates Crow Island's Architectural and Educational Legacy with Furniture Gift.

In order to find a new home for the furniture, Barb Tubekis of the Volunteer Talent Center directed the District to eAngel Community, a 501c3 organization that connects Chicago area non-profits with donors providing a vast resource of non-cash donations. Roger Winship, Winnetka resident and former District 36 parent, and Chris Eilers, current District 36 parent, are the founders of eAngelcommunity.org. On June 12, six trucks moved 25 classrooms of Crow Island furniture to a staging area on the south side of Chicago so that the principals from the Archdioceses network of over 100 Chicago schools could allocate resources to classrooms in desperate need of upgrade. On June 13, an administrator and employees of Englewood Montessori School, a CPS Charter School, loaded a truck with furniture to bring back to their school. With eAngel's help and connections, well over 25 classrooms of furniture was donated to schools in need in the Chicagoland area.

About VS America, Inc.

VS America, Inc. provides adaptable and ergonomic educational furniture solutions which allow for the creation of flexible learning environments. VS America originates from a history of ergonomic innovation that dates back to 1898 with VS in Germany, the leading manufacturer of educational furniture. Built around the student's learning experience, VS' ergonomic, flexible, and mobile products empower students to engage their senses while learning, creating heightened focus, stronger motivation, and a sense of well-being. VS' innovative and integrative products continue to inspire creativity, promote autonomy, and encourage collaboration throughout educational facilities worldwide. For more information, please visit www.vsamerica.com.

About The Winnetka Public Schools District 36

The Winnetka Public Schools is a community that honors the whole child, fosters creativity, inspires lifelong learning, and develops civic responsibility. District 36 is comprised of three elementary schools (Crow Island School, Greeley School, and Hubbard Woods School), The Skokie School (grades 5 and 6) and Carleton Washburne School (grades 7 and 8), where there is a progressive, experiential approach to developing learners who are compassionate citizens, who contribute to their community, and are well prepared for a dynamic future. For more information, visit www.winnetka36.org.

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Beware of Online Contractor Referral Services - Follow-Up

By Rick Baumgarten, Lee Lumber's Spaces & Views

The following article ran in the December 2017 issue of **Highland Park Neighbors** and with the recent class action lawsuit filed against the digital marketplace HomeAdvisor in its home state of Colorado, we are re-running it here, so that our Winnetka readers can be made aware of this problem. Rick Baumgarten is an Expert Contributor to **Highland Park Neighbors** who wrote the original article and has also provided this follow-up. In addition to Colorado, the plaintiffs own businesses in New Jersey, Illinois, California, Ohio, Florida, New York and Idaho, specializing in services ranging from home inspections to metal roofing. The suit states that, "the Golden-based company twisted a lead-generation business into a vehicle for greed and abuse."

UPDATE: Having seen and heard of lawsuits in the news regarding some of the biggest players, I did a bit of Googling. It seems the search string "Home Advisor Class Action" brings up 4.6 Million hits! Angie's list only hundreds of thousands. Suits are individual and class action and brought by both contractors and homeowners. The bit or research also found that Home Advisor is now the owner of Angie's! Even Yelp is facing suits for not removing fallacious ratings. Glad to see that as we have been subject to phony rating posts regarding products we don't even sell and store visits that never occurred.

Beware of Online Contractor Referral Services

December, 2017

While most people use online search engines to research the products and services they need for their homes, you have to be careful. As a local contractor, I am acutely aware of the kind of deceptive practices people face. As an example, two years ago, I noticed a suspicious print advertisement for windows that included the Marvin Window® logo. Knowing the company was not an authorized Marvin Window® dealer, I decided to visit their website and fill out the contact form for more information using a variation of my real name, so I would recognize the source of the call.

Sure enough, the next day my phone rang, and it didn't take long to realize it was a bait and switch. Not only did the

caller have no idea what a Marvin Window® was, he also did not know if the windows he was actually offering were wood, clad-wood, or vinyl. It turns out the caller was merely an appointment setter. He was not qualified to sell or install windows, his job was merely to get me to agree to have a salesman come to my home, "to answer all those questions."


So why am I writing this now? Because two years later, I'm still getting calls for the same wrong name trying to sell me not just windows, but all kinds of home remodeling. Asking to be removed from whatever list they are calling from hasn't worked either, because my name has been bundled and sold, so it's never the same company calling.

Conclusion: Ask a local supplier that does NOT install, for a referral! Whatever you need, windows, cabinetry, doors, or even plumbing, a wholesale supply house knows who does good work in your area.

At our Lee Lumber location in Highland Park, we are happy to refer you to qualified local contractors or tradesmen who are right for your type of job. We don't sell your name and we don't get a commission from the referral. So, stop and think before contacting a referral service. We all hate the cold-calls and solicitations that usually interrupt dinner time. Why invite them?

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Winnetka Farmers Market

Photography By Scott Edwards / EFG Image



Balsamic Treasure – Marek Wolanowski



Exact Blade – Luke Fiocchi and Dan Mennemeyer



Bike Attic – Bill Kelly



Winnetka Resident Rose Selker testing out the comfort of a new Tesla while shopping at the market.



Terry Dason Executive Director of the Winnetka-Northfield Chamber of Commerce and Jim Thompson Market Manager.





Chiropractic Care as a Way to Battle Stress

By Dr. Rick Boerjesson

Most people visit a chiropractor because they feel pain, but few people know that it can help against stress. What if chiropractic care could help your body by fostering a healing state from the inside out?

Stress has become overwhelming in today's society and the stress trend is increasing every day. Alarmingly, for the past three years, our life expectancy has actually declined. The last time we saw a decline in life expectancy was 100 years ago, during the Spanish Flu Pandemic. Today, it is estimated that 90% of all diseases come from chronic stress alone.

The way our brain responds to stress is by triggering a fight-or-flight state in our bodies. This is a survival response that we live with every day. When our bodies are in a fight-or-flight mode, great amounts of energy are consumed, leading to increased heart rate, high blood pressure, and increased cholesterol and blood sugar levels. Muscles tense and our breathing rate increases. Our five senses become sharper, preparing our bodies to fight, resist and survive. At the same time digestion, healing, and concentration are decreased because those functions use a lot of energy that is needed to handle the threat.

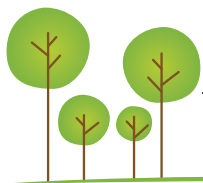
When you spend a majority of your time in a fight-or-flight stress mode, your body will break down. Pain is a sign that your

body has been dealing with stress for too long and that it can no longer handle it. Instead, our bodies are designed to spend the majority of our time in a "rest and digest state", fostering low blood pressure, low heart rate, relaxed muscles, and normal digestion. This creates a state of creativity and healing.

Chiropractic care is a natural way of handling stress by stimulating our bodies into a rest-and-digest state. In this state, your body heals faster and utilizes food and exercise in a more efficient way. A stressed body, on the other hand, will create sluggish digestion, lack of energy, and slow healing. Chronic stress will eventually turn into disease and sickness.

Chiropractic adjustments change the neurological pattern in our bodies from a fight-or-flight state to a rest-and-digest state. This will not only relieve pain, but also foster a healing state in your body. The result is that your body becomes more stress resistant from within.

Do you have questions or concerns about your health, or are just curious about how chiropractic care can help you? Please contact your local Chiropractor, Dr. Rick at Winnetka Family Chiropractic for a check-up at 847-881-5010.




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Community "House" Corner

By Winnetka Community House

This month's Community House Corner is from Teddy Ross, a wonderful young man that we care about very much. Teddy wrote this about himself for our *Winnetka Living* readers.

I'm a Boy Scout with Troop 20 of Winnetka, Illinois. I've been a Winnetka Resident and patron of the Community House for as long as I can remember. I went to Hubbard Woods Elementary School and later, Skokie and Washburne as well. Going into my Freshman year of High School, I wanted to begin working on my Eagle Scout Project and I wasn't sure what I wanted to do. I had been talking to several beneficiaries and had been unable to come to a decision. Finally, I thought about how much I had loved going to ABC's and 123's, Mad Science, Tot time, ceramics birthday parties, and Kindergarten enrichment at the Community House. I remembered how much fun I'd had and how it had prepared me to enjoy learning so much and be curious in my later endeavors. I also remembered how I had loved working in Skokie's Makerspace. I thought to myself: "How cool would it be to have an IdeaLab at the Community House that could move between multiple rooms and serve groups of young children in different scenarios at the same time?" Thus, the WCH Mobile IdeaLab was born.

My project is to build several Mobile IdeaLab carts that can go from classroom to classroom. I will also be teaching the children and adult facilitators about utilizing them and creating a video library to aid instruction as well. My idea started with wanting to give something back to the Community House after it had such a significant impact on my childhood and how it sculpted my collaborative instincts and curious mindset. I knew that I also wanted children of a younger age to have access to IdeaLab materials and ideas. Thus, the WCH Mobile IdeaLab was born.

My overall goal for the project is to give future generations of children and future classes at the Community House an enriching, STEM-based, learning tool to help create flexible, innovative thinking minds for years to come.

Once I have completed building the Mobile Units, I will test them with kids and instructors and educate them about it, ensuring the enduring success of my project. The carts will be able to move into any space, whether it is a preschool classroom, a birthday party in a recreation room, or a special event in the gym. I will also make sure they are used to their full extent so that the incoming generations of kids can have an even more fulfilling experience than I did. I want them to be curious about the world and I want them to be prepared for future challenges and successes. I hope that the Mobile IdeaLab will do that.

Additionally, I've lived in Winnetka for 10 years and been very involved at the Community House and Park District Programs. I've played Soccer for AYSO and FC United. I've also played recreational Basketball and Hockey for many years. I started in Scouting as a Cub Scout in Pack 21 where my dad helped instill a love of the outdoors in me. My grandfather was also involved in Scouting and became an Eagle Scout. Both him and my dad inspired me to pursue my final goal of also becoming an Eagle Scout.



The Winnetka Community House thanks Teddy for his continuing contributions and we fully support his efforts to become an Eagle Scout and leave a lasting legacy at our facility.

Thanks Teddy!!

Be sure to join us for Fall classes starting September 4. ABC's & 123's runs Sept. 7-Dec. 21. It's never too late to find a class. Others will be starting in October and November. Visit <https://www.winnetkacommunityhouse.org> and click on REGISTER NOW to learn more.

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Ride, Winnetka, Ride

By Mary Cherveney, Administrative Service Manager, Winnetka Park District

In the bleak winter of 2011, Winnetka resident Don Moloney's vision for a multi-generational group bike ride through the community became a reality when the Winnetka Park District jumped on board. This young 81 year-old no longer had to put the "brakes" on his idea and the planning was underway. The inaugural volunteer committee was comprised of local residents and business owners including, Chuck Boedecker, Don Costello, Tom Fritts, Bill McKinley, Marshal McMahon, Jo McMahon, and of course Don Moloney. Throughout the winter, spring, and summer of 2011 this group worked hard to put together the framework of the inaugural Bike Winnetka event. This included determining a police approved route, securing volunteer route marshals (thank you Boy Scout Troop #20), and seeking out sponsors to keep participant pricing at a minimum. Alongside this committee, as a Park District staffer, I helped with marketing, administration, and registration details with the hopes of a successful first-time event.

September 17, 2011 had finally arrived. After a few words of encouragement from then Police Chief and cycle enthusiast, Pat Kreis, the committee and 250 fellow riders of all ages hopped on their bikes for this history making ride. Perfect bike-riding weather and the participants' excitement for this new event did not go unnoticed. As the group moved throughout the different areas of Winnetka, many commented on the comradery, the scenic beauty of the tree-lined homes, and the anticipated finish at Fall Fest. Deeming Year No. 1 a success, Year No. 2 planning began at the Fall Fest celebration. Several Winnetka School District #36 teachers, including Eric Chan and Victor Cooper, volunteered for the first ride (and every ride since). Eric even joined the committee the following year and remains a member to this day.

In 2015, to commemorate his 85th birthday, Don Moloney biked 850 miles across the North Shore and blogged about his journeys as he completed his ride by going the eight miles of Bike Winnetka. That same year, Tom Fritts, who helped secure our volunteer Boy Scout marshals and held participant bag pick up at his store, TL Fritts Sporting Goods,



Bike Winnetka Chairperson, Don Moloney tuning up his bike prior to the ride.




Winnetka School District #36 Teacher Victor Cooper and his students getting ready to ride.

retired, and taking over participant bag pick up in 2016 were Larry and Pam Faulkner of Green Bay Cycle. That same year, scoutmaster and resident, Nat Roberts, joined the committee and coordinated our scout marshals. Since it began, many great local business partners have helped support this event, but special recognition goes out to three who were with us from the beginning and continue to support us today; First Bank and Trust, The Hudson Company, and North Shore Community Bank. Liz Taylor, the President of North Shore Community Bank, also joined the committee in 2016 after riding in the event for several years prior.

Shifting gears to 2018... Tune up your family's bikes, put on your helmets and join us for the **8th Annual Bike Winnetka on Saturday, September 29 at 3:00 PM**. Thanks to the generosity of our business partners, the cost of the event is nominal (\$8 per rider) and includes a t-shirt, police escort, raffles, and post-ride refreshments at Fall Fest. Registration is limited to the first 300 riders and ends September 22. T-shirt sizes will be guaranteed for those who register prior to September 8. Register or learn more at winpark.org/bike-winnetka.



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For 16th year, **Hands of Peace** Unites Israeli, Palestinian and American teens in Chicago area, to work toward peace amid rising conflict in the Middle East

By Jenny Kustra-Quinn

The 45 high school students gathered at Elder Park on Winnetka's lakefront on July 24 looked like old friends, as they enjoyed a picnic and softball game and sang some songs together. But in reality, they only met a couple weeks before, and many of them were from areas deeply divided by conflict, culture, geography and history. The Israeli, Palestinian and American teens were part of the Hands of Peace Summer Program, which brought them together for three weeks of peacebuilding in July.

Many of the Middle Eastern participants in the program have experienced violence and loss as a result of the ongoing Israeli-Palestinian conflict. Yet they committed to forging a connection and finding common ground during the program, through daily dialogue sessions led by professional facilitators, in which the teens shared personal stories, listened and offered their views about paths for peace.

"I never imagined sitting face to face with the people that I considered my enemy and discussing the conflict that tore these groups apart," says Mayar, a Palestinian participant. "As hard as it was to accept each other's opinions, when we shared our stories we would feel with each other and understand that we're just people who experienced different things that made us who are."

"At the end of the day, we have a lot in common," adds Nimrod, an Israeli participant. "Like when it comes to pain. We all suffer from the same pain at the same time."

The participants also take part in educational activities and team-building outings, such as the Winnetka picnic, which is coordinated each year by local Hands of Peace volunteers.

This year's Chicago Summer Program was the 16th for Hands of Peace. In addition, there were 46 teens taking part in the San Diego program, which is now in its fifth year. The Middle Eastern



students, who live with local host families, arrived July 11 and went home on July 30. During that time, the teens worked to break down the walls of conflict in the Middle East and throughout the world, by finding their voices as leaders, overcoming stereotypes and learning skills that are necessary for working toward peace.

Following the Summer Program, Hands of Peace alumni continue to grow as peace leaders, taking part in seminars, alumni club activities and a year-long leadership program to implement community projects in their hometowns. In addition, Hands of Peace holds educational events such as film dialogue nights, guest lectures and community service projects. The organization also sponsors a Multi-Narrative Tour of Israel and Palestine for supporters.

Founded in the Chicago suburbs, Hands of Peace was started by members of the Christian, Jewish and Muslim communities, including Gretchen Grad, who was inspired to start the organization shortly after 9/11. The driving conviction behind Hands of Peace is that peace can be nurtured, one person at a time. Grad's vision has resulted in more than 500 Hands of Peace alumni living and working for peace across the United States and throughout Israel and the Palestinian West Bank. For more information about Hands of Peace, visit www.handspeace.org.







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Meet Chip & Captain Jack

By Lindsay Echito, Orphans of the Storm Adoption Counselor

Orphans of the
Month



Chip (Kennel 52) is practically perfect as far as we are concerned. He is a cuddler, loves going for car rides, and plays gently. While we don't know how he does with cats, he hangs out with dogs and people of all ages and sizes and loves to soak up the attention. If he sees his favorite people passing his kennel, he cannot help but sing for their attention. Chip is about 10 years old and total southern gentleman when he is at events. Come by and meet one of our favorite beagle boys!



Captain Jack (#) is a stunner and a lover. He is only about 2 years old and came in with a badly infected eye that had to be removed. He still gets around great and loves lounging around on the counter in the cat hall. Captain does not like other cats very much, but loves people and particularly enjoys being brushed. While he is otherwise a happy, healthy boy, he does have Feline Immunodeficiency Virus (FIV), which, much like HIV does in humans, weakens his immune system. He cannot transmit it to other cats through day-to-day contact, but can give it to another cat through a deep bite into the blood stream. For more information about FIV, ask your vet; you would be surprised how little it effects their daily life and life span! This sweet boy and many like him are hoping for your love, understanding, and your home!

We had an amazing day last month on Clear the Shelters Day. 34 dogs and 24 cats found homes all in one day! Thank you to anyone who came out and adopted that day and to the dedicated volunteers and donors that made Clear the Shelters possible.

Orphans of the Storm is a non-profit, no-kill animal shelter located in Riverwoods, IL. Since 1928, we have worked tirelessly to rescue and rehome dogs and cats in need. Just this year, we have already placed over a thousand animals in loving new homes. The main shelter is open daily from 11 am to 5 pm with extended hours to 8 pm on Thursdays. If you are interested in adopting or donating, please give us a call at (847) 945-0235. **Also, be sure to check out our new adoption center in Highland Park**, open Tuesdays through Saturdays, for a quieter, more intimate setting. The Highland Park Adoption Center is located at 468 Central Ave. and can be reached at (847) 780-4817.

If you are interested in volunteering, please visit our website at orphansofthestorm.org and click the "volunteer" link in the top right corner. There, you will find our volunteer information and application. Once you have filled out an application, our volunteer coordinator will review it. Upon approval, you will begin receiving weekly emails about our volunteer opportunities coming up. Simply reply to the email, and you will receive further information for that opportunity.

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Winnetka Market Activity The Last 30 Days

Courtesy of Margaret Goss, Baird & Warner Real Estate, Winnetka

Winnetka Homes Closed - Past 30 Days Sold Price

1259 Cherry.....	\$405,000	1180 Pine	\$1,605,000
371 Berkeley	\$665,000	224 Ridge	\$1,890,000
1010 Oak.....	\$710,000	622 Oak.....	\$2,050,000
1132 Cherry.....	\$820,000	44 Indian Hill.....	\$2,350,000
1311 Forest Glen.....	\$982,500	605 Arbor Vitae.....	\$2,550,000
663 Garland.....	\$1,020,000	925 Pine Tree.....	\$2,710,000
1361 Scott	\$1,075,000	750 Sheridan.....	\$3,725,000
625 Hill.....	\$1,134,995		
1170 Broadmeadow.....	\$1,400,000		

Winnetka New Listings - Past 30 Days List Price

1173 Asbury	\$850,000	898 Cherry.....	\$1,635,000
906 Gordon Terr.....	\$945,000	137 Sheridan.....	\$1,649,000
196 Sheridan.....	\$1,100,000	1127 Laurel	\$1,899,000
887 Ash	\$1,349,000	1555 Hickory.....	\$2,875,000

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NORTH SHORE COUNTRY DAY SCHOOL

Senior Service Projects

By Mike Stark

An important part of the North Shore Country Day experience during students' final year is their senior service project. Each senior is required to plan and execute a service project with a nonprofit, thereby demonstrating the School's "Live and Serve" motto.

Such was the case for senior Mickey Hughes of Chicago, who connected with City Farm. City Farm is a small organization that develops urban farming plots on abandoned city lots. The majority of the food grown by City Farm is sold to Chicago-area restaurants, and the proceeds from those sales are funneled back into City Farm and its parent organization, The Resource Center.

"I've always liked to garden and to farm, and I knew I wanted to work somewhere with food," Mickey said as she explained how she decided to work with City Farm. During her two-week project, Mickey helped plant seeds and maintain the gardens.

"The work was amazing," Mickey said. "The first day it was really raining and we realized the beds were in the flood zone and at-risk for washing away. So we planted seeds in them to take

advantage of the rain and then spent the next couple of days raising the beds out of the flood zone."

Another project Mickey helped with was finding ways to preserve the rainwater that did fall. "Chicago recently changed its policy on water rights," Mickey explained. "So now to use the city's hydrants you have to pay \$85 a day. City Farm doesn't have water yet because they can't afford it. So we planted with the rain cycle so a lot of it was making things waterproof and trying to find ways to preserve water in the beds."

Despite the challenging nature of her service project, Mickey really enjoyed the time she spent with City Farm, especially the unexpected wildlife in the middle of the city.

"It's one of the greenest areas in the entirety of Cabrini-Green," Mickey recalled, "There were birds on it all the time; there were bunnies. We saw a hawk once. And so I kind of realized that to take care of nature you don't have to go chain yourself to a tree, you can just very easily scatter seeds and things will take care of themselves."

Through the farming project, Mickey gained a better understanding of the School's "Live and Serve" motto and how it applies to everyday life.

"We were taking care of the people; taking care of the earth; taking care of the animals. We were finding ways for everything to coexist in a space," Mickey explained. "'Live and Serve' to me is knowing you don't have to go and give up everything to serve, but you should live each day trying to make it better for someone or something else."

Fellow senior Carlo Castellanos of North Chicago was hoping for a similar experience with his senior service project. Carlo, who plans to study nursing in college this fall, signed on with a local hospice to get a head start on his training. Unfortunately, his plans with the hospice fell through at the last minute and he had to look elsewhere to complete his project.



North Shore Country Day graduate Mickey Hughes of Chicago (center) spent two weeks at the end of her senior year volunteering at City Farm in Chicago.

Undeterred, Carlo called Upper School English Teacher Drea Gallaga, who is also the Upper School director of service learning and community service and oversees the senior service projects, and asked her if there were any projects around the School that he could work on.

"I showed up and did some garden work the first day," Carlo explained. "I worked in the library, helping organize books for a book drive. I worked with Ms. Hsieh (Upper School art teacher) to help clean up her room for summer camp. I also worked with communications to take some photos around campus and post them on social media."

Even though Carlo's service project was not what he originally planned, he was happy with the results and felt he made a difference to those he was able to help on campus during those two weeks.

"For me, living and serving is just being able to help someone," Carlo explained. "It doesn't matter who it is; it doesn't matter how you help them, if it's in a big or small way. It was still important because I could see I was helping things be less stressful. It was impactful for me."

North Shore Country Day School, established in 1919, is a college-preparatory school of 540 students in grades junior kindergarten through 12th grade, located at 310 Green Bay Road in Winnetka, Illinois.

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September

Winnetka Farmers Market

Saturdays - thru mid October 7:30am-12:30pm

NEW LOCATION- Winnetka Village Hall South Parking Lot on the corner of Green Bay Road and Oak Street

For more than 40 years the Winnetka-Northfield Chamber has sponsored a Farmer's Market featuring the highest quality home-grown vegetables, fruits, flowers and plants, as well as homemade baking goods and other specialty items. Pedestrian and Bike friendly - Come visit us at our new location!

Placement of Flags on Village Green for 9/11 Remembrance

Mon. Sept. 10 | 3:30-6pm

All are invited to join in this Winnetka tradition of placing flags on the Village Green to remember the victims of 9/11.

What is a VPN and Do You Need One?

Wed. Sept. 12 | 1:30-3pm

Winnetka Lloyd Room, Winnetka Public Library

Registration Required @ <https://winnetkalibrary.libcal.com/event/>

If you use a VPN (Virtual Private Network) service you can substantially improve your privacy and Internet security. This class will explore how VPNs work and which services are the best.

WNCC 2018 Annual Golf Outing and Fundraiser

Mon. Sept. 17 | 12:45-8:30pm

Glencoe Golf Club

Fees: Golf \$200 | Dinner Only \$70

Join and support the Winnetka-Northfield Chamber of Commerce and enjoy 18 holes of golf in a scramble format with dinner afterwards and prizes awarded. For more information, please call 847-446-4451.

Go Green Reads Group

American Wolf: A True Story of Survival and Obsession in the West

Monday, Sept. 17 | 6:30pm

By Nate Blakeslee, The Book Stall

Join the discussion of this book which documents the legacy of the American wolf from near extinction to recent reintroduction efforts by the National Parks Service and other entities. The discussion is free and the book can be purchased at The Book Stall or from its website.

Circus Boy's Action-Packed Comedy Show

Wed. Sept. 19 | 10-11am

Winnetka Community House

Tickets: \$10 in advance, \$15 at the door

Circus Boy blends comedy with circus stunts which include riding a titanium unicycle, balancing on a ladder and juggling with his mouth. Witness live, tricks performed on the 'Tonight Show' with Jay Leno. "Circus Boy" is documented with 'Ripley's Believe it or Not' for riding the world's smallest bicycle. Good, clean, fun for the whole family. To purchase tickets, go to <https://www.eventbrite.com/e/circus-boys-action-packed-comedy-show-tickets-46583773320> and click on the green TICKETS bar.

Winnetka's East Elm Business District Hosts the 2018, 4th Annual East Elm Wine Walk

Sat. Sept. 22 | 4-7pm

Corner of Lincoln Ave. & Elm St.

General admission is \$50 in advance and \$60 at the door for this adult only event. Eat, drink and mingle at some of your favorite Winnetka merchants while raising funds for a very worthy cause, Boys & Girls Hope of Illinois. The event will feature a variety of stops with food pairing, raffles, music, wine sales and more. For more information and to purchase tickets in advance, go to <http://chamber.winnetkanorthfieldchamber.com/events>

14th Annual New Trier Educational Foundation Golf Outing

Mon. Sept. 24

The Glen Club

Support the Foundation's mission and have fun at the same time! Enjoy a buffet lunch, followed by an afternoon of contests on the course. Celebrate your victories in the evening over cocktails and dinner while bidding at the silent auction. Funds raised will support exceptional educational opportunities for New Trier students. To register visit <http://newtrierfoundation.org/golf-outing/>

Banned Books Discussion

Tues. Sept. 25 | 4:30-5:30pm

Winnetka Lloyd Room | Winnetka Public Library

Registration Required @ <https://winnetkalibrary.libcal.com/event/>

Should a book ever be banned? Why would someone want to ban a book? And what are some of the books that have been banned? Come and discuss some of these issues with us and more during Banned Books Week! For kids in grades 3+.

Bike Winnetka

Sat. Sept. 29 | 3-4pm

Skokie Playfield Service Center; Registration is Required, Cost: \$8

Bike Winnetka is an event that will take bicycle riders of all ages through scenic Winnetka in a group rider format. All riders must wear a helmet or will be unable to participate. Bike Winnetka starts at the north end of Skokie Playfield at the Service Center parking lot. Last-minute instructions will be given promptly at 2:55pm. Additional information will be available in the participant packets and through an email on September 26 (make sure to include an email address on the registration form). After the ride, join the Winnetka Park District at Fall Fest at Duke Childs Field. We will have raffles, KIND bars, and water for our riders at the Bike Winnetka booth.

Fall Family Fun Picnic

Sat. Sept. 29 | 2-5pm

Registration Required, Suggested Donation: \$20/person, \$40/family

The Fall Family Fun Picnic supports the Archdiocese of Chicago's Chastity Initiative. Please call 312-534-5355 for location information and to register for the event. Bring a blanket or chair and a side dish or salad to share.

Special Gifts Theatre 5K Run / 3K Walk

Sun. Sept. 30 | 7:30am Registration Opens | 9am Race Start

Erickson Woods, General Registration: \$25, Kids 12-6: \$15, Kids 5 & Under: Free

Registration Includes: Event T-shirt, Finisher Party (snacks, performances & more)

The 5k run and 3k walk event is being planned by SGT students and peer mentors that are working on leadership skills as part of SGT's student council. This family friendly event will be complete with a finisher party and performance by SGT's Traveling Troupe! For more information and to register for the event go to: specialgiftstheatre.org.



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